



TRAVEL PHARMACY? CHECK!

Even on the most beautiful journey, health problems can arise, or minor accidents can happen. So that you are not caught unprepared, you should always carry a well-stocked first-aid kit with you. Plus, depending on the travel destination, you may need special vaccinations.

BANDAGES:

- 1 sticking plaster (5 m x 2.5 cm)*
- 1 bandage (50 cm x 6 cm wide)*
- 3 adhesive bandages (10 cm x 6 cm)*
- 5 cellulose gauze pads (10 cm x 10 cm)*
- 1 bandage pack (large)*
- 3 bandage packs (medium)*
- 3 gauze bandages (4 m x 6 cm)*
- 6 gauze bandages (4 m x 8 cm)*
- 1 pair of bandage scissors*
- 1 burn bandage (large)*
- 5 triangular towels (90 x 90 x 127 cm)*
- 12 safety pins*
- 1 rescue blanket (160 x 210 cm)*

MEDICATIONS:

- Painkillers*
- Anti-diarrhoea medication*
- Gel for application to minor burns, such as sunburn*
- Remedy for insect bites*
- Ointment for bruises, sprains, etc.*
- If necessary, allergy tablets*

FURTHERMORE:

- Sunscreen*
- Insect repellent*